



**Media Contact:**

Shelby Eiger

[Shelby.eiger@andbarr.co](mailto:Shelby.eiger@andbarr.co)

407.430.2705

**FOR IMMEDIATE RELEASE**

For high-resolution visuals, click [here](#).

**Seniors First pours support for local seniors at High Tea & Hats**

**ORLANDO, Fla. (March 26, 2025)** — Seniors First announces its 18<sup>th</sup> annual High Tea & Hats on April 27 at the Citrus Club, a signature fundraising event with proceeds going directly to the nonprofit’s programs such as Meals on Wheels, Neighborhood Lunch Programs and In-Home Care services all benefitting local seniors. This lively event encourages its attendees to dress up, don their best hats and indulge in a delightful afternoon of tea-sipping, high tea fare and philanthropy, all in support of local seniors.

“As we continue to see a growing need among our senior population, High Tea & Hats offers a wonderful opportunity for friends, neighbors and local businesses to come together and make a real difference,” said Marsha Lorenz, President and CEO of Seniors First. “Every seat reserved, and donation made directly help us deliver on our mission of enhancing the quality of life of seniors by maintaining their independence and dignity. Even in our 18<sup>th</sup> year, we’re reminded of how powerful a caring community can be and that in fact, our whole community benefits when seniors remain living independently in their own homes.”

Each year High Tea & Hats features a hat contest along with a wine toss, champagne sales, plus live and silent auctions. Each activity at the event provides the opportunity not only for guests to take home special items they’ve won, but also the knowledge that their participation will help provide critical services for seniors in our community.

The event brings people together to highlight the vital role Seniors First’s services play in the lives of Central Florida seniors—and how each contribution can make a meaningful impact. With 1 in 7 seniors experiencing food insecurity, equating to 37,000 in Orange County, FL alone, and nearly 50% of seniors who live alone not able to cover basic needs, High Tea & Hats emphasizes the importance of supporting senior services.

Seniors First invites everyone in the community to show their support by volunteering, donating or championing seniors. For more information about Seniors First and how to support their different services, visit [www.seniorsfirstinc.org](http://www.seniorsfirstinc.org).

### **About Seniors First Inc.**

Driven by the mission of enhancing the quality of life of seniors, Seniors First, Inc., a 501(c)(3) nonprofit, is dedicated to providing services and resources for seniors that maintain their independence and dignity. Since 1966 the nonprofit has served Central Florida seniors through programs that promote nutrition, community engagement and independence. These programs include Meals on Wheels, Emergency Meals on Wheels, Neighborhood Lunch with Transportation, Community Food Pantry, In-Home Care, Guardianship and Stepping Stone Medical Equipment Bank. Seniors First connects seniors across Orange, Seminole, Polk, Osceola and Brevard Counties with various programs that benefit their mental, emotional and physical wellbeing to offset social isolation and hunger. To learn which programs are available in your area, visit [seniorsfirstinc.org](http://seniorsfirstinc.org).

###