

GENERATIONS



FOUNDATION SPOTLIGHT: THE CHATLOS FOUNDATION

The Chatlos Foundation (Foundation), a private, philanthropic foundation, was founded on June 27, 1953 by William F. Chatlos. Born in 1889 William Chatlos learned the craft of drafting house plans while working for a builder and lumberman. At the age of 17 he built his first home and continued building homes, apartment and office buildings in the states of Connecticut, New York, New Jersey and Florida until his death in 1977.

Steeped in faith, the mission of the Foundation is to fund nonprofit organizations in the USA and around the globe. Its areas of interest include: Bible Colleges/Seminaries, Religious Causes, Medical Concerns, Liberal Arts Colleges and Social Concerns. Since

its inception, the Foundation has awarded over \$118,697,869 in grants to more than 10,245 nonprofit organizations.

Seniors First has been the fortunate recipient of funding from the Foundation for the past 11 years, supporting our Stepping Stone Medical Equipment Bank. Funding helps provide essential safety devices and medical equipment for seniors and adults suffering from physical disability or frailty at no cost to them. Without this funding, individuals who need this equipment but are unable to afford them or the deductible required by insurance simply go without, limiting their mobility, ability to live independently and quality of life.

The Foundation's philosophy toward giving is best said by their founder: "You can't

measure your worth by the values we place on our possessions. A calamity of only a few seconds can change all that. Real worth is determined by what you do with what you have – be it large or small." Seniors First is so grateful for the partnership with the Chatlos Foundation. Thank you for all you do for our community's most vulnerable citizens and the community at large. We simply cannot do what we do without you.



The CHATLOS Foundation, Inc.

PROGRAM SPOTLIGHT: STEPPING STONE MEDICAL EQUIPMENT BANK

Often as a result of aging, illness or accident, many in our community find themselves in need of assistance with the daily activities most of us take for granted. For some, simply getting into the shower, preparing a meal or going to the mailbox would not be possible without the aid of medical equipment often not provided by insurance or out of reach financially. This is expressed by Teresa who wrote us to speak about her husband's experience at Stepping Stone.

"I wanted to take a moment to express our deep and heartfelt gratitude. Your organization has provided my husband, Jose, the necessary tools to continue his progress in regaining the capacities that were so brutally taken from him as the victim of a violent and senseless robbery. With no income and very limited insurance/resources, we depend completely on the kindness of others and, today, your kindness through Stepping Stone.



Jose was so excited when we left with a walker. I simply cried from the emotion. Today, Jose took his very first walk without assistance using the walker you gave him. Unable to express his thoughts verbally, his smile says it all! Thank you and thanks to those who contribute to your organization's efforts to help those in need."

Thanks to your support, Jose and hundreds like him turn to Stepping Stone Medical Equipment Bank for the equipment they need to increase mobility and give them back the independence they deserve. New and gently used equipment is donated and then carefully sanitized and refurbished before being given to others in need at little or no cost.

The Stepping Stone warehouse just went through a major renovation. To better serve the community, an update of the showroom is being planned. For more information or to donate, call 407-649-4100 or visit our showroom at 3711 Vineland Rd. Orlando 32811.

A MESSAGE FROM
Marsha Lorenz President/CEO
Seniors First

HIGH TEA AND HATS
May 15th at the Alford Inn

JOIN US!
We're growing our volunteer force.

PRESIDENT'S MESSAGE



In many parts of the country, March generally signals the approach of Spring and the awakening of things like new leaves on the trees and flowers pushing their way out of the ground. Life begins to "open up again". And like most of us, we are happily anticipating these changes as we continue to focus on our mission to offer seniors choice, hope and the quality care needed for independent living. It is also important for Seniors First to thank you for the critical support your donations provided. Your generosity has helped us to continue to provide the essential in-home care and meal services to those individuals who were shut in during a shutdown none of us could have anticipated and all of us are delighted to leave behind.

Thanks to you - help came with a simple knock at a senior's door. Your knock meant delivery of fresh nutritious food, a safety check, help to tidy up their home, do laundry and run errands, assistance with bathing and grooming, access to affordable medical equipment and a welcome visit and friendly conversation to help alleviate loneliness. Caring

individuals just like you, who have stepped up to support A knock at the Door, has allowed us to safely serve hundreds of vulnerable seniors during this critical time. The impact your support has already made possible this year is significant. To date, 156 Meals on Wheels wait list individuals are now receiving meals. Our 13 Neighborhood Lunch Programs throughout Orange County are ramping up to full capacity and we are opening a new location in April. In addition, our community food pantry continues to be a huge success and increased support for our in-home care programs has allowed us to add new clients from our wait list onto services.

As we eagerly watch this new chapter slowly unfold across our community, to show our seniors they are loved, cared for and perhaps most importantly, not forgotten, we are asking ...will you continue to be their knock at the door?

With thanks,

Marsha L. Lorenz, President/CEO

A KNOCK AT THE DOOR



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FROM THE CHIEF DEVELOPMENT OFFICER: CREATING YOUR LEGACY THROUGH PLANNED GIVING

Planned Giving provides opportunities for donors to make larger gifts to nonprofits whose mission and values align with their own philanthropic goals. A planned gift is any major gift made during a donor's lifetime or at death as part of their overall financial and/or estate planning, as opposed to contributing to the nonprofit's annual fund or making monthly contributions from budgeted discretionary income.

The majority of planned gifts, 90%, take the form of bequests - legacy gifts left to a nonprofit after a donor has passed away - for which the donation process is relatively straightforward. There are many other types of planned gifts, including, but not limited to: charitable gift annuities, charitable remainder trusts, and charitable lead trusts. Some planned gifts are payable upon the donor's death such as a life insurance policy where the beneficiary is a charitable organization. They can also offer substantial tax savings to donors depending on the type of planned giving instrument chosen.

Making a planned gift to Seniors First is

an important decision and one that helps sustain us into the future. Simply put, there is no better way for a nonprofit to plan for the growth and strength of its organization than to receive planned, sometimes referred to as legacy, gifts. Commonly donated through a will or trust, planned giving has traditionally been defined as the gift that an individual(s) creates during his or her lifetime that will take affect at or after their passing.

The success of the Seniors First mission depends on individuals like you. Your generous promise of a planned gift helps ensure our work will continue well into the future. It is as easy as including a charitable gift to the Seniors First Foundation in your will or estate plan. Please consult your financial or tax advisor to discuss the planned gift instrument that is right for you.

THROUGH YOUR GENEROUS GIFTS:

- You help prevent senior hunger and malnourishment through Meals on Wheels and Neighborhood Lunch Programs.

- You help strengthen and support seniors through our network of in-home and community-based services.
- You help the seniors in our community avoid or delay the three biggest threats of aging: hunger, isolation and loss of independence.

We would be delighted to connect with you to further share the impact of your philanthropy. That can mean joining us on a Meal on Wheels route delivering meals; attending a newly reopened Neighborhood Lunch Program; a visit to our office; meeting for coffee; or simply a chat on the phone. This would be a great opportunity to get to know each other better, provide more details about the programs of Seniors First and answer any lingering questions you may have.

Feel free to reach out to Wendy Jackson, Chief Development Officer, via email at wjackson@seniorsfirstinc.org or phone at 407-373-7754. Please know we cannot do what we do without our loyal donors. Thank you for all you do.

EVENT SPONSORS 2021

TURKEY TROT 2021

HUB
Publix Super Markets Charities
WFTV 9 Family Connection
Sunny 105.9
Heart of Florida United Way
Orlando Downtown Development Board
Massey Services, Inc.
Orlando Health
GA Foods
Henry Mediation
Toshiba
Fisher/Roorda Family
Humana
Lowndes, Drosdick, Doster, Kantor & Reed
St. Luke's United Methodist Church
Smile Back Girl Productions
Share the Care, Inc.
ShuffieldLowman
Food with Care, Inc., P.A.
Fresh Point Foods
Moore Stevens & Lovelace, P.A.
BB Action Photo
VIP Valet

HIGH TEA & HATS 2021

Publix Super Market Charities
WFTV 9 Family Connection
Magic 107.7
Heart of Florida United Way
&Barr
OUC
Peach Valley Café
NES Fircroft
Orlando Health
ADT Health
Nancy Hecht/Certified Financial Group
Encore at Avalon Park
Mutual of America
Pearls for Women
Sands Realty
Simtech Defense Systems
Westgate Resorts
Clear Channel Outdoor
Orange Appeal
Orlando Magazine
Outfront Media
Southwest Orlando Bulletin

FUNDERS 2021

FOUNDATIONS

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Conway Foundation
Darden Restaurants Inc. Foundation
Drusilla Farwell Foundation
Duke Energy Foundation
Florida Blue Foundation
Geico Philanthropic Foundation
J. Milton Hoffa & Nellie E. Hoffa Memorial Foundation
Margaret & R. Parks Williams Charitable Foundation
O'Neil Family Charitable Foundation
Publix Super Markets Charities
TD Charitable Foundation
The Chatlos Foundation, Inc.
The Henry Family Foundation
The Joe & Sarah Galloway Foundation
The Joseph G. Markoly Foundation, Inc.
The Kent Foundation
The Martin Andersen-Gracia Andersen Foundation, Inc.

VNA Foundation, Inc.
WellMed Charitable Foundation
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CORPORATIONS/ORGANIZATIONS/CHURCHES

Heart of Florida United Way
AdventHealth
Massey Services Inc.
Orlando Health
Walmart
Central Florida Womens League
Meals On Wheels America
All Saints Church of Winter Park
St Margaret Mary Catholic Church



Mailing Label Changes

Please check the appropriate box below, correct the label and return to Seniors First.

- Name change or misspelling
- Address change
- Remove from mailing list
- Received more than one copy

Sign up for electronic newsletters on our website.

OUR MISSION *is to enhance the quality of life of seniors by maintaining their independence and dignity.*



CALL FOR VOLUNTEERS

As we've said before, the "side effects" of volunteering are well documented. They include feeling happier, decreased stress and anxiety, lower heart rate, a feeling of accomplishment and being more connected to your community and neighbors.

At Seniors First, we are grateful to have an army of over 300 volunteers who contribute their time and talents to making sure seniors in our community have the nutrition, socialization, and assistance they need to continue to live safe, healthy lives in their own homes where they prefer to be.

Volunteers often say one of their favorite things about working with Seniors First is that you get to interact one on one with the people you're helping; whether it be delivering Meals on Wheels, working in the food pantry or visiting neighborhood lunch program sites. There is nothing more fulfilling than actually getting to spend time with those so grateful and happy to see you.



WE'RE ALWAYS LOOKING FOR VOLUNTEERS TO GET INVOLVED!

- Join the **Meals on Wheels** movement by delivering meals one day a week, Mon-Sat mornings.
- Help out in the **food pantry**, open to the public the 2nd and 4th Thursday of each month.
- Arrange to visit our **Neighborhood Lunch Program** to play games, interact with seniors and serve lunch.
- **Or join us here in the office** to help with computer work, filing and answering phones.

For more information, contact Volunteer Program Supervisor Maureen Sullivan at 407-373-7752 or msullivan@seniorsfirstinc.org